

## Full-length article

## Sodium ferulate prevents amyloid-beta-induced neurotoxicity through suppression of p38 MAPK and upregulation of ERK-1/2 and Akt/protein kinase B in rat hippocampus<sup>1</sup>

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### Key words

ferulic acid; amyloid; interleukin-1; p38 mitogen-activated protein kinases; extracellular signal-regulated kinases; proto-oncogene proteins c-akt; Alzheimer disease

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### Abstract

**Aim:** To observe whether an amyloid  $\beta$  ( $A\beta$ )-induced increase in interleukin (IL)-1 $\beta$  was accompanied by an increase in the p38 mitogen-activated protein kinase (MAPK) pathway and a decrease in the cell survival pathway, and whether sodium ferulate (SF) treatment was effective in preventing these  $A\beta$ -induced changes.

**Methods:** Rats were injected intracerebroventricularly with  $A\beta_{25-35}$ . Seven days after injection, immunohistochemical techniques for glial fibrillary acidic protein (GFAP) were used to determine the astrocyte infiltration and activation in hippocampal CA1 areas. The expression of IL-1 $\beta$ , extracellular signal-regulated kinase (ERK), p38 MAPK, Akt/protein kinase B (PKB), Fas ligand and caspase-3 were determined by Western blotting. The caspase-3 activity was measured by cleavage of the caspase-3 substrate (Ac-DEVD-pNA). Reverse transcription-polymerase chain reaction was used to analyze the changes in IL-1 $\beta$ mRNA levels.

**Results:** Intracerebroventricular injection of  $A\beta_{25-35}$  elicited astrocyte activation and infiltration and caused a strong inflammatory reaction characterized by increased IL-1 $\beta$  production and elevated levels of IL-1 $\beta$  mRNA. Increased IL-1 $\beta$  synthesis was accompanied by increased activation of p38 MAPK and downregulation of phospho-ERK and phospho-Akt/PKB in hippocampal CA regions prepared from  $A\beta$ -treated rats, leading to cell death as assessed by activation of caspase-3. SF significantly prevented  $A\beta$ -induced increases in IL-1 $\beta$  and p38 MAPK activation and also  $A\beta$ -induced changes in phospho-ERK and phospho-Akt/PKB expression levels. **Conclusion:** SF prevents  $A\beta$ -induced neurotoxicity through suppression of p38 MAPK activation and upregulation of phospho-ERK and phospho-Akt/PKB expression.

### Introduction

Alzheimer disease (AD) is a neurodegenerative disorder characterized by progressive deposition of amyloid- $\beta$  ( $A\beta$ ) peptide in the brain to form senile plaques<sup>[1]</sup>. Neuronal cell loss is one feature of AD. Despite the ambiguity of the effectors of neuron loss in the AD brain, recent reports demonstrate that it is an apoptotic process. Cultured cortical neurons exposed to  $A\beta_{1-40}$  exhibited increased expression of the proapoptotic protein Bax, increased activation of

caspase-3 (a marker of apoptotic cell death), and increased terminal deoxynucleotidyl transferase-mediated dUTP nick-end labeling reactivity<sup>[2]</sup>. Neuronal apoptosis is also seen in human AD brain<sup>[3]</sup>. Activation of the apoptotic cascade induced by  $A\beta$  could also explain many of the features of the disease and its progression. Furthermore, the proinflammatory cytokine, interleukin (IL)-1 $\beta$ , plays a significant role in mediating the effects of  $A\beta$ <sup>[2]</sup>. However, the underlying mechanisms of toxicity and activation of the neuronal cellular signaling cascades induced by  $A\beta$  are not fully understood.

It has become increasingly evident that there is a complex balance between survival and apoptotic signaling pathways in neurons that determines whether they will survive or die. For example, the serine/threonine kinase Akt/protein kinase B (PKB) is activated via a phosphoinositide 3-kinase (PI3K)-dependent signaling pathway when cells or tissues are exposed to growth factors, insulin, and certain cytokines<sup>[4]</sup>. Akt/PKB has received widespread attention as an important anti-apoptotic protein<sup>[5]</sup>. The extracellular signal-regulated kinase (ERK) pathway plays a major role in regulating cell growth and differentiation<sup>[6]</sup>. In contrast, the stress-activated protein kinases, including Jun N-terminal kinase (JNK) and p38 mitogen-activated protein kinase (MAPK), have been proposed to be important signaling components linking extracellular stimuli to cellular responses. JNK and p38 are highly activated in response to a variety of stress signals<sup>[7,8]</sup>. Their activation is most frequently associated with induction of apoptosis. However, the role of the MAPK and PI3K/Akt pathways in A $\beta$  toxicity is unclear.

Sodium ferulate (SF), extracted from a traditional Chinese herbal medicine, has potent antioxidant<sup>[9]</sup> and anti-inflammatory activities<sup>[10]</sup>. It has recently been reported that long-term administration of ferulic acid protects mice against learning and memory deficits induced by centrally administered  $\beta$ -amyloid<sup>[11]</sup>. The primary site of action of ferulic acid could be microglia<sup>[12]</sup>. These previous reports prompted us to examine whether SF can suppress the A $\beta$ -induced inflammatory response and neuronal apoptotic death in rat hippocampus. In addition, we considered that increased IL-1 $\beta$  concentration and upregulation of the IL-1 $\beta$ -induced cell signaling cascades might be accompanied by downregulation of survival signals. Therefore, in the present study, we investigated the MAPK and Akt/PKB signaling events in the inflammatory response and apoptosis evoked by preaggregated A $\beta_{25-35}$ , and the protective effect caused by the oral administration of SF *in vivo*. A $\beta_{25-35}$ , a short synthetic peptide possessing properties similar to A $\beta_{1-40}$  and A $\beta_{1-42}$ <sup>[13,14]</sup>, is suitable to be used in the study of A $\beta$  toxicity.

## Materials and methods

**Materials** Amyloid- $\beta_{25-35}$  (Sigma Chemical Co, St Louis, MO, USA) was resuspended at a concentration of 1 mmol/L. To obtain the aggregated form of A $\beta_{25-35}$ , the peptide solution was placed in an incubator at 37 °C for 48 h. SF, a colorless powder with purity >99%, was obtained from Suzhou Changtong Chemical Co (Suzhou, China). Anti-phospho-ERK1/2 (Thr202/Tyr 204), anti-ERK1/2, anti-phospho-p38 MAPK (Thr180/Tyr182), anti-phospho-Akt/PKB (Thr-308),

anti-Akt/PKB, and anti-Glial Fibrillary Acidic Protein (GFAP) antibodies were obtained from Santa Cruz Biotechnology (Santa Cruz, CA, USA). Anti-IL-1 $\beta$ , anti-Fas ligand (FasL) and anti-caspase-3 antibodies were purchased from BOSTER Biological Engineering Co (Wuhan, China). Goat anti-rabbit and goat anti-mouse secondary antibodies were obtained from Santa Cruz Biotechnology. RNA polymerase chain reaction (PCR) kit (AMV) was purchased from TaKaRa Biotechnology (Dalian, China). O-Dianisidine tetrazotized and  $\beta$ -naphthyl acid phosphate were purchased from Sigma Chemical Co. The caspase-3 colorimetric assay kit was obtained from BD Bioscience Clontech (1020 East Meadow Circle Palo Alto, CA).

**Animals and drug treatment** Groups of Sprague Dawley rats (Grade II, certificate No 2003-0009; Experimental Animal Center of China Medical University, Shengyang, China), maintained at an ambient temperature of 22–24 °C under a 12 h:12 h L:D cycle, were used in this experiment. The rats initially weighing 180–200 g were administered with SF through an intragastric method (50 mg/kg, 100 mg/kg and 250 mg/kg, daily) for 3 weeks prior to A $\beta_{25-35}$  injection and 1 week after the injection. The rats were anesthetized with chloral hydrate (300 mg/kg) and placed in a stereotaxic apparatus. The rats were injected intracerebroventricularly with A $\beta_{25-35}$  (10  $\mu$ L) or saline solution by means of a Hamilton microsyringe. The injection lasted 5 min and the needle with the syringe was left in place for 2 min after the injection for the completion of drug infusion. Control rats were injected with saline solution. The following studies were carried out 7 d after the injections.

**Immunohistochemical staining for glial fibrillary acidic protein** Seven days after injection of A $\beta$ , the rats were perfused transcardially with 4% paraformaldehyde in phosphate-buffered saline (PBS). The brains were removed and post-fixed for 24 h and were embedded in paraffin wax. Serial coronal sections (5  $\mu$ m thickness) were cut from various sections of the brain. After the coronal sections were rinsed in PBS 3 times, endogenous peroxidase activity was blocked by incubation with 3% H<sub>2</sub>O<sub>2</sub> for 10 min. The sections were incubated with 10% normal goat serum. After the blocking serum was removed, sections were incubated with polyclonal antibody against GFAP (1:100 in Tris-buffered saline (TBS) containing 2.5% normal goat serum) overnight at 4 °C, then with biotinylated secondary antibody at 37 °C for 20 min. The GFAP-positive cells were detected using strept-avidin-biotin complex (SABC) and DAB kits.

**Western blot analysis** Western blotting was carried out for the analysis of IL-1 $\beta$ , p38 MAPK, ERK1/2, Akt/PKB, FasL and caspase-3. Hippocampal CA1 areas were stereotaxically

dissected free. The tissue was homogenized in RIPA buffer [1% Triton, 0.1% sodium dodecylsulfate (SDS), 0.5% deoxycholate, ethylenediaminetetraacetic acid 1 mmol/L, Tris 20 mmol/L (pH 7.4), NaCl 150 mmol/L, NaF 10 mmol/L], and insoluble material was removed by centrifugation at 12 000×g for 20 min at 4 °C. Protein concentrations were quantified by the method of Lowry<sup>[15]</sup>. Tissue samples were equalized for protein concentration. Proteins were resolved by 9%–15% SDS-polyacrylamide gel electrophoresis (PAGE), and transferred to nitrocellulose membranes. The membranes were blocked with 5% milk powder in TBS (pH 7.6) for 1 h and incubated overnight at 4 °C with suitably diluted primary antibodies. After extensive washing with TBS, the membranes were incubated with anti-IgG-alkaline phosphatase conjugate. Finally, the blots were developed with the alkaline phosphatase substrate O-dianisidine tetrazotized along with  $\beta$ -naphthyl acid phosphate. Quantification of protein bands was achieved by densitometric analysis using Chem Image 5500 software (UVP, USA).

**Analysis of caspase-3 activity** The activity of caspase-3 proteases was measured using a caspase-3 colorimetric activity assay kit. Briefly, hippocampal CA1 areas were washed, homogenized in lysis buffer, incubated on ice for 20 min, analyzed for protein concentration, and diluted to equalize for protein concentration. All samples (95  $\mu$ L) were added to 5  $\mu$ L of 1 mmol/L caspase-3 substrate (Ac-DEVD-pNA, 50  $\mu$ mol/L final concentration) and incubated for 1 h at 37 °C. Cleavage of Ac-DEVD-pNA by active caspase-3 resulted in the liberation of *p*-nitroanilide (pNA) into solution. The release of pNA was quantitated spectrophotometrically by measuring absorbance at 405 nm (Biocell 2010, Anthos Labtec Instruments, Austria), and enzyme activity was calculated with reference to a standard curve of pNA concentration versus absorbance. The data were represented as the nmol pNA·min<sup>-1</sup>·mg of protein<sup>-1</sup>.

**Polymerase chain reaction analysis for interleukin-1 $\beta$  gene expression** A semiquantitative reverse transcription-PCR (RT-PCR) assay was used to determine the mRNA levels of IL-1 $\beta$  in relation to  $\beta$ -actin message. Total RNA was extracted from hippocampal CA1 areas using TRIzol reagent (Invitrogen Life Technologies, Paisley, PA4 9RF, UK). cDNA synthesis was carried out on 1 mg total RNA using random 9mers by RT with 2.5 IU of Avian Myeloblastosis Virus (AMV) reverse transcriptase in RT buffer in the presence of 1 mmol/L each of dNTP and 10 IU of RNase inhibitor. The thermal cycler (Biometra, Germany) was programmed for 10 min at 30 °C, 30 min at 42 °C, 5 min at 99 °C, and 5 min at 5 °C. Equal amounts of cDNA were used for PCR amplification for 35 cycles, using a 3-step program (30 s at 94 °C, 30 s

at 56 °C, and 1 min at 72 °C). After amplification, the products were separated by 7.5% SDS-PAGE (cast in the presence of ethidium bromide) and visualized under UV light. The following sequences of the primers were used: rat IL-1 $\beta$  (sense), 5'-TGA CTC GTG GGA TGA TGA CG-3'; rat IL-1 $\beta$  (antisense), 5'-CTG GAG ACT GCC CAT TCT CG-3';  $\beta$ -actin (sense), 5'-GTG GGC CGC TCA AGG CAC CAA-3';  $\beta$ -actin (antisense), 5'-CTT TAG CAC GCA CTG TAG TTT CTC-3'.

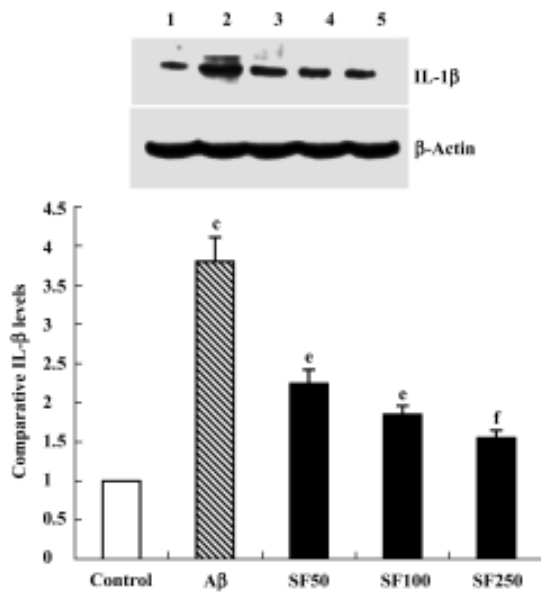
**Statistical analysis** All data were presented as mean $\pm$ SD. Statistical analysis was carried out with one-way ANOVA, followed by LSD's *post hoc* test, which was provided by SPSS 11.5 statistical software. The level of significance was accepted as  $P < 0.05$ .

## Results

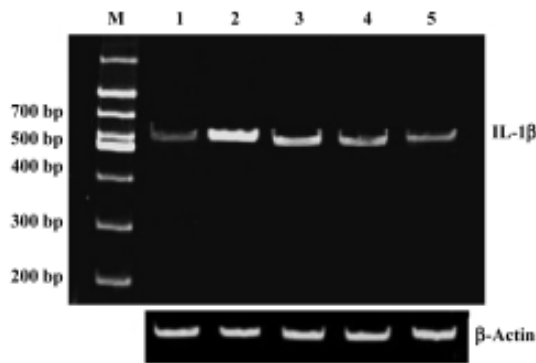
**Sodium ferulate inhibited the amyloid- $\beta_{25-35}$ -induced increase in interleukin-1 $\beta$  protein synthesis and mRNA expression** Intracerebroventricular injection of preaggregated A $\beta_{25-35}$  increased protein expression of IL-1 $\beta$ , and densitometric analysis revealed that the mean value in samples prepared from A $\beta$ -treated rats was significantly higher than that of control rats. SF (50, 100, and 250 mg/kg) significantly inhibited a A $\beta_{25-35}$ -induced increase in protein expression of IL-1 $\beta$  in a dose-dependent manner (Figure 1). An A $\beta$ -associated increase in IL-1 $\beta$  protein was mirrored by an A $\beta$ -induced increase in IL-1 $\beta$  mRNA levels. SF induced a similar inhibition in IL-1 $\beta$  mRNA (Figure 2). On the other hand, the control results showed that only SF (100 mg/kg, daily for 4 weeks) had not effect on basal levels of IL-1 $\beta$  protein and mRNA expression in hippocampal CA1 areas (data not shown).

**Sodium ferulate inhibited the amyloid- $\beta_{25-35}$ -induced astrocyte activation** The astrocyte reaction was visualized by means of the immunoreactivity for glial fibrillar acidic protein, a specific marker of astrocytes. A $\beta_{25-35}$  resulted in infiltration of astrocytes in hippocampal CA1, as well as transformation of astrocytes from a resting to an activated state, highlighted by phenotypic changes characterized by long, thick branching. SF at 50 mg/kg, 100 mg/kg, and 250 mg/kg significantly inhibited the A $\beta_{25-35}$ -induced astrocytic reaction in hippocampal CA1 (Figure 3).

**Sodium ferulate inhibited the amyloid- $\beta_{25-35}$ -induced increase in phospho-p38 MAPK expression** The p38 MAPK pathway, a major proinflammatory signal transduction pathway, is hyperactivated in the AD brain<sup>[16]</sup>. Therefore, p38 MAPK activation was examined by immunoblotting in rat hippocampal CA1 using anti-phospho-p38 MAPK, an antibody that specifically recognizes the activated, tyrosine-phosphorylated form of p38 MAPK. The results showed



**Figure 1.** Inhibitory effect of sodium ferulate (SF) on the amyloid- $\beta$  ( $A\beta$ )<sub>25-35</sub>-induced increase in interleukin (IL)-1 $\beta$  protein expression in rat hippocampus. The immunoreactivities of IL-1 $\beta$  in hippocampal CA1 areas of  $A\beta$ <sub>25-35</sub> and  $A\beta$ <sub>25-35</sub>+SF, as well as control animals, were determined by Western blotting.  $\beta$ -Actin was analyzed as a sample loading control. Lane 1, control; lane 2,  $A\beta$ -treated; lanes 3–5,  $A\beta$ +SF at 50 mg/kg, 100 mg/kg and 250 mg/kg, respectively. The bar chart shows the semiquantitative analysis of the expression of IL-1 $\beta$ .  $n=4$ . Mean $\pm$ SD. <sup>c</sup> $P<0.001$  vs control group. <sup>e</sup> $P<0.05$ , <sup>f</sup> $P<0.01$  vs  $A\beta$ <sub>25-35</sub> group.



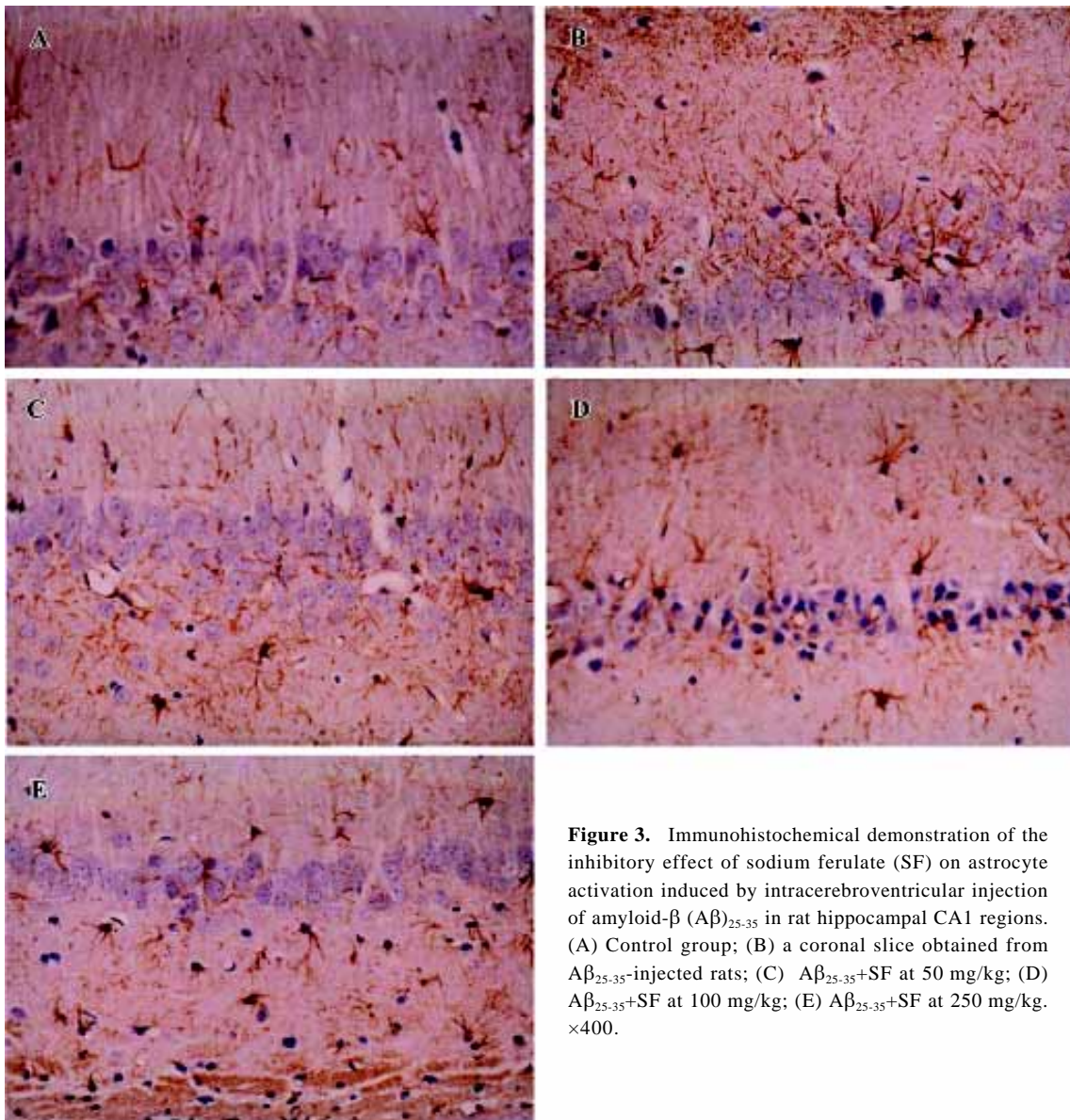
**Figure 2.** Reverse transcription-polymerase chain reaction analysis of the amyloid- $\beta$  ( $A\beta$ )<sub>25-35</sub>-induced increase in interleukin IL-1 $\beta$  mRNA expression, and the inhibitory effect of sodium ferulate (SF; 50 mg/kg, 100 mg/kg and 250 mg/kg). mRNA encoding IL-1 $\beta$  was expressed in the hippocampus of  $A\beta$ <sub>25-35</sub> and  $A\beta$ <sub>25-35</sub>+SF, as well as control animals. mRNA encoding  $\beta$ -actin was used as a sample loading control. Lane M, DNA marker; lane 1, control; lane 2,  $A\beta$ -treated; lanes 3–5,  $A\beta$ +SF at 50 mg/kg, 100 mg/kg and 250 mg/kg, respectively.

that  $A\beta$ <sub>25-35</sub> led to a significant increase in phospho-p38 MAPK

protein expression. The  $A\beta$ -induced increase in activation of p38 MAPK was paralleled by an  $A\beta$ -induced increase in IL-1 $\beta$  protein expression. The  $A\beta$ -induced increase in activation of p38 MAPK was prevented by SF (50, 100, and 250 mg/kg, daily for 4 weeks) in a dose-dependent manner (Figure 4). In addition, SF (100 mg/kg, daily) treatment alone for 4 weeks did not result in a significant reduction in the basal expression of phospho-p38 MAPK in rat hippocampus (data not shown).

**Intracerebroventricular injection of amyloid- $\beta$ <sub>25-35</sub> downregulated ERK-1/2, Akt/protein kinase B and the effects of sodium ferulate** Although IL-1 $\beta$ -induced enhancement of p38 MAPK activation may lead to deterioration in cell function and even cell death, we considered that downregulation of cell survival signals may also contribute to  $A\beta$ -induced damages and, therefore, we analyzed the activity of ERK1/2 and Akt/PKB in the hippocampal CA1 region. The results showed that 7 d after injection,  $A\beta$ <sub>25-35</sub> elicited a significant decrease in the activated, tyrosine-phosphorylated form of ERK1 and ERK2, especially phospho-ERK1, compared to control rats.  $A\beta$  completely inhibited the expression of phospho-ERK1. SF (50 mg/kg, daily for 4 weeks) partly abolished the  $A\beta$ <sub>25-35</sub>-induced decrease in ERK1 and ERK2 activation, but SF (100 mg/kg and 250 mg/kg, daily for 4 weeks) did not prevent the decrease in phosphorylated ERK1 and ERK2 induced by  $A\beta$ <sub>25-35</sub> (Figure 5A). SF treatment alone (100 mg/kg, daily for 4 weeks) exerted a decrease in phosphorylated ERK1 and ERK2 that did not reach statistical significance compared with control rats (data not shown). However, the underlying cause of this effect of SF (100 mg/kg and 250 mg/kg) on phosphorylated ERK1 and ERK2 remains to be identified. No significant difference in total ERK1/2 was apparent, as shown in the sample immunoblot (Figure 5B). Treatment with  $A\beta$ <sub>25-35</sub> also decreased the expression of phosphorylated Akt/PKB compared with control rats. SF (50 mg/kg, 100 mg/kg and 250 mg/kg, daily for 4 weeks) completely reversed the effect of  $A\beta$ <sub>25-35</sub> on phosphorylated Akt/PKB compared with control rats in a dose-dependent manner. The level of phospho-Akt/PKB expression in  $A\beta$ <sub>25-35</sub>+ SF (100 mg/kg and 250 mg/kg) was significantly greater than in control rats (Figure 5C). However, no significant difference in the expression of total Akt/PKB was observed among treatment groups (Figure 5D). In addition, SF alone (100 mg/kg, daily for 4 weeks) had no obvious effect on the basal phosphorylation of Akt/PKB in the hippocampus (data not shown).

**Sodium ferulate prevented the amyloid- $\beta$ <sub>25-35</sub>-induced increase in caspase-3 activity and caspase-3 protein expression in rat hippocampus** Caspase-3 activity was measured



**Figure 3.** Immunohistochemical demonstration of the inhibitory effect of sodium ferulate (SF) on astrocyte activation induced by intracerebroventricular injection of amyloid- $\beta$  ( $A\beta$ )<sub>25-35</sub> in rat hippocampal CA1 regions. (A) Control group; (B) a coronal slice obtained from  $A\beta$ <sub>25-35</sub>-injected rats; (C)  $A\beta$ <sub>25-35</sub>+SF at 50 mg/kg; (D)  $A\beta$ <sub>25-35</sub>+SF at 100 mg/kg; (E)  $A\beta$ <sub>25-35</sub>+SF at 250 mg/kg.  $\times 400$ .

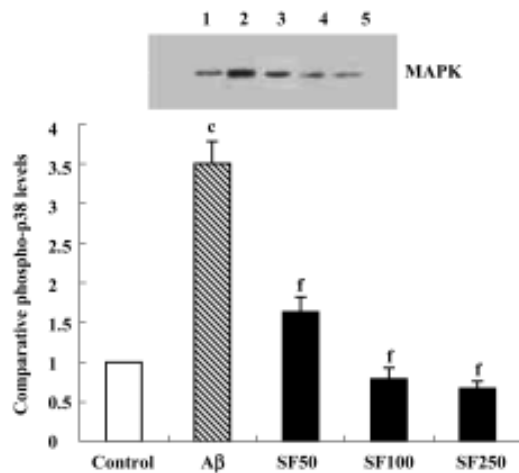
by cleavage of the caspase-3 substrate (Ac-DEVD-pNA). As shown in Figure 6A, caspase-3 activity was significantly enhanced in hippocampal CA1 prepared from  $A\beta$ -treated rats compared with control rats. This  $A\beta$ -induced increase in caspase-3 activity was inhibited by SF (50 mg/kg, 100 mg/kg and 250 mg/kg). Western blot analysis showed that  $A\beta$ <sub>25-35</sub> evoked a significant increase in caspase-3 protein expression. SF (50 mg/kg, 100 mg/kg and 250 mg/kg) prevented the increase in  $A\beta$ -induced caspase-3 protein expression (Figure 6B).

**Sodium ferulate decreased the amyloid- $\beta$ <sub>25-35</sub>-induced expression level of Fas ligand protein** Previous studies have shown that survival factor withdrawal leads to the induction of FasL protein and mRNA in cerebellar granule neurons

and PC 12 cells<sup>[17]</sup>. The binding of FasL to the Fas receptor is a prototypic signal for apoptosis, and therefore it was of interest to determine whether SF inhibits the  $A\beta$ -induced increase in FasL protein expression. As shown in Figure 7,  $A\beta$ <sub>25-35</sub> significantly enhanced the expression level of FasL protein in hippocampal CA1 regions. SF (50 mg/kg, 100 mg/kg and 250 mg/kg) demonstrated inhibition of the  $A\beta$ -induced increase in FasL protein expression level in a dose-dependent manner (Figure 7).

## Discussion

Injection of aggregated  $A\beta$  into the brain of experimental animals may represent a valuable tool for studying the neu-



**Figure 4.** Inhibitory effects of sodium ferulate (SF) on the amyloid- $\beta$  ( $A\beta$ )<sub>25-35</sub>-induced increase in p38 mitogen-activated protein kinase (MAPK) activation in the rat hippocampus. The immunoreactivity of p38 MAPK in the hippocampus of  $A\beta$ <sub>25-35</sub> and  $A\beta$ <sub>25-35</sub>+SF, as well as control animals, was determined by Western blotting. Lane 1, control; lane 2,  $A\beta$ -treated; lanes 3–5,  $A\beta$ +SF at 50 mg/kg, 100 mg/kg and 250 mg/kg, respectively. The bar chart shows the semiquantitative analysis of the expression of p38 MAPK.  $n=4$ . Mean $\pm$ SD. <sup>c</sup> $P<0.01$  vs control group. <sup>f</sup> $P<0.01$  vs  $A\beta$ <sub>25-35</sub> group.

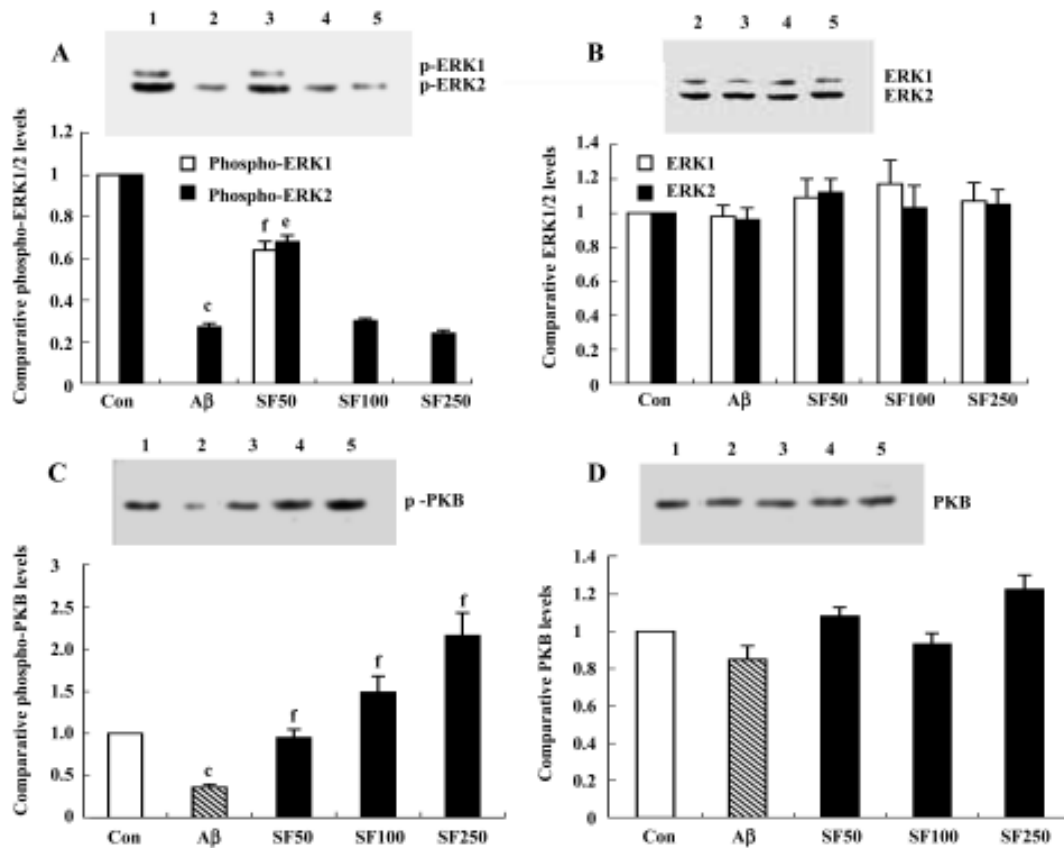
rotoxic effect of this peptide. We found that intracerebroventricular injection of  $A\beta$ <sub>25-35</sub> induced an increase in IL-1 $\beta$  protein and mRNA expression in hippocampal tissue, and this increase, in combination with enhanced activation of p38 MAPK and reduced activation of ERK1/2 and Akt/PKB, mediates the  $A\beta$ -induced activation of cell death events as assessed by activation of caspase-3. However, several of these changes, including  $A\beta$ -induced increase in caspase-3 activation, were prevented by treatment with SF. Indeed in AD brain, the increased levels of phosphorylated (active) p38 MAPK and diminished expression of Akt/PKB were detected<sup>[16,18]</sup>. Maher *et al* also found that increased IL-1 $\beta$  in the cortex of aged rats was accompanied by downregulation of ERK and PI3 kinase (an upstream kinase of Akt/PKB)<sup>[19]</sup>. These observations bear a marked similarity to our results. The  $A\beta$ -induced diminished expression of phospho-ERK1/2 and phospho-Akt/PKB in hippocampal tissue indicates that the neuron survival signal transduction pathway is impaired. The  $A\beta$ -induced increase in p38 MAPK phosphorylation and decrease in phosphorylated ERK1/2 and Akt/PKB parallel some changes that are hallmarks of cell death. For example, an increase in caspase-3 activity and FasL protein expression were observed in hippocampal tissue treated with  $A\beta$ , suggesting that sequential activation triggers apoptotic changes in the hippocampus.

Increased activation of p38 MAPK accompanied the  $A\beta$ -induced increase in IL-1 $\beta$  concentration, consistent with previous observations in hippocampal cells<sup>[20]</sup>. The evidence presented here pinpoints IL-1 $\beta$ -induced increased activation of p38 MAPK as a pivotal event in triggering changes that are characteristic of apoptotic cell death, for example, caspase-3 activation. Thus, inhibition of p38 MAPK by SB203580 has been shown to prevent the increase in IL-1 $\beta$ -induced caspase-3 activity<sup>[21]</sup>. A significant finding of this study is that SF treatment prevents the  $A\beta$ -induced increase in activation of p38 MAPK, caspase-3 and FasL expression, indicating a potential neuroprotective effect of SF. These findings suggest that the effects of SF on the activity of p38 MAPK and caspase-3 may be secondary to its ability to suppress the  $A\beta$ -induced increase in IL-1 $\beta$  synthesis.

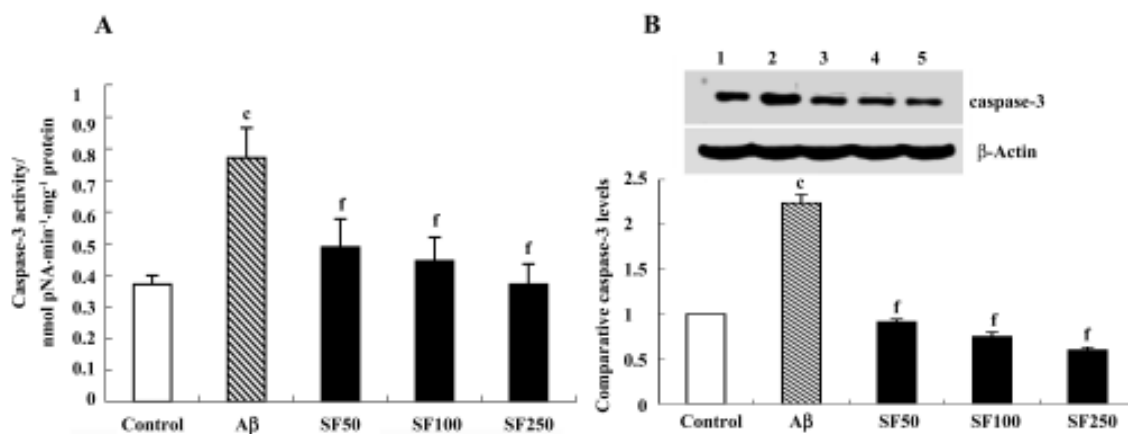
It has also been shown that cell death is accompanied by a decrease in survival signals<sup>[22]</sup>. PI3K/Akt and ERK1/2 have been shown to be important for neuronal survival. Over-expressing active Akt/PKB rescues cells from apoptosis<sup>[23]</sup>. We report in this study that, in addition to increased p38 MAPK activation, the increase in caspase-3 activation may be associated with attenuated activity of ERK and Akt/PKB. SF treatment significantly prevented these  $A\beta$ -induced changes and, therefore, in  $A\beta$ -treated rats that were treated with SF, we found that caspase-3 activity was significantly decreased and paralleled the changes in activities of both ERK and Akt/PKB. These results are consistent with those described by Daniels *et al*<sup>[24]</sup> and Meng *et al*<sup>[18]</sup>. Therefore, downregulation of Akt/PKB may be another mechanism by which  $A\beta$  induces apoptosis. To our knowledge, this is the first indication that Akt/PKB activation in the hippocampus is decreased by  $A\beta$  *in vivo*. Thus,  $A\beta$ -induced increase in caspase-3 activity, which is considered to be a reliable indicator of apoptotic cell death, may arise from the coupled increase in p38 MAPK activation and decrease in ERK and Akt/PKB activation.

Several observations have contributed to the development of the idea that FasL expression and, consequently, Fas activation play a role in neurodegeneration<sup>[2,25]</sup>, and we report that increased hippocampal expression of FasL accompanied the  $A\beta$ -induced increase in p38 MAPK phosphorylation and caspase-3 activation. The binding of Fas to FasL triggers activation of caspase-8 and, in turn, caspase-8 activates caspase-3<sup>[26]</sup>. SF markedly prevented the  $A\beta$ -induced increase in FasL protein expression.

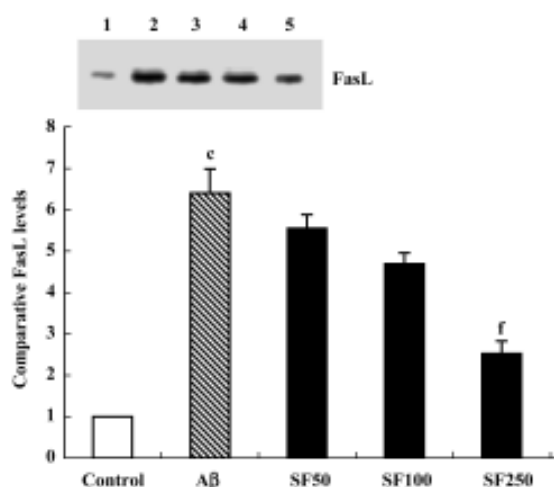
In conclusion, our data suggest that  $A\beta$ -induced increased IL-1 $\beta$ , coupled with increased p38 MAPK activation, leads to cell death as assessed by activation of caspase-3. In addition, the data also show that downregulation of the



**Figure 5.** Sodium ferulate (SF) inhibited the amyloid- $\beta$  ( $A\beta$ )<sub>25-35</sub>-induced downregulation of phospho-extracellular signal-regulated kinase (ERK)1/2 and phospho-Akt/protein kinase B (PKB) expression. (A) Effect of SF on the  $A\beta$ <sub>25-35</sub>-induced decrease in phosphorylated ERK1/2. (B) Total ERK1/2 showed no change. (C) Effect of SF on the  $A\beta$ <sub>25-35</sub>-induced decrease in phosphorylated Akt/PKB. (D) Total Akt/PKB expression showed no change after stimulation with  $A\beta$ <sub>25-35</sub>. The bar chart below each blot shows the semiquantitative analysis of the protein expression. Lane 1, control; lane 2,  $A\beta$ -treated; lanes 3–5,  $A\beta$ <sub>25-35</sub>+SF at 50 mg/kg, 100 mg/kg and 250 mg/kg, respectively. Mean $\pm$ SD. *n*=4. <sup>c</sup>*P*<0.01 vs control group. <sup>f</sup>*P*<0.01 vs  $A\beta$ <sub>25-35</sub> group.



**Figure 6.** Inhibitory effects of sodium ferulate (SF) on the amyloid- $\beta$ ( $A\beta$ )<sub>25-35</sub>-induced increase in caspase-3 activity and caspase-3 protein expression in the rat hippocampus. (A) Caspase-3 activity was analyzed by caspase-3 colorimetric activity. (B) Caspase-3 protein expression was determined by Western blotting.  $\beta$ -Actin was analyzed as a sample loading control. The bar chart shows the semiquantitative analysis of the expression of caspase-3 protein. Lane 1, control; lane 2,  $A\beta$ -treated; lanes 3–5,  $A\beta$ <sub>25-35</sub>+SF at 50 mg/kg, 100 mg/kg and 250 mg/kg, respectively. *n*=4. Mean $\pm$ SD. <sup>c</sup>*P*<0.01 vs control group. <sup>f</sup>*P*<0.01 vs  $A\beta$ <sub>25-35</sub> group.



**Figure 7.** Inhibitory effects of sodium ferulate (SF) on the amyloid- $\beta$  ( $A\beta$ )<sub>25-35</sub>-induced increase in Fas ligand (FasL) expression in the rat hippocampus. FasL protein expression in control and experimental groups of animals was determined by Western blotting. The bar chart shows the comparative analysis of FasL expression. Lane 1, control; lane 2,  $A\beta$ -treated; lanes 3–5,  $A\beta$ <sub>25-35</sub>+SF at 50 mg/kg, 100 mg/kg and 250 mg/kg, respectively.  $n=4$ . Mean $\pm$ SD. <sup>c</sup> $P<0.01$  vs control group. <sup>f</sup> $P<0.01$  vs  $A\beta$ <sub>25-35</sub> group.

survival signals ERK and Akt/PKB may contribute to the demise of the cells. These are significantly abrogated by SF treatment, which also attenuates  $A\beta$ -induced increase in caspase-3 activity and FasL expression.

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